

Recess Before Lunch

Along with the new changes of the school, came the new addition of “Recess Before Lunch.” Last year we had “Lunch Before Recess,” so this is new for every student. Read on to hear how “Recess Before Lunch” affects teachers and students in both good and bad ways.

Kennan Mccloud in 5th grade said this about recess before lunch, “Kids will go out to recess, and teachers send them to recess to play and get their energy out. Now that we have recess before lunch, kids still get their energy out, but regain energy by eating. When they get back to class kids are blurting more and have out of control behavior.” So in a way “Recess Before Lunch” poses an issue to teachers and students.

Let’s read about a good reason that “Recess Before Lunch” gives us. Luke Eckroth from 5th grade says, “Recess Before Lunch, is a good way for kids to work up an appetite. Last year, kids didn’t eat at all. Now, kids work up an appetite at recess and now they’re actually eating. Which makes it so kids don’t waste their lunch money.”

As you know now, this change could be good or bad depending on how you look at it.

Thank you for reading the news. Have a nice day!

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